Learning Conversation Notes	
Name of Partner: Child Abuse Prevention Council – HomeFirst	Date: October 18, 2005
Number of Children Served: 73 (number of families 48)	Ages : 0 yr (6), 1 yr (13), 2 yr (20), 3 yr (3), 4 yr (14), 5 yr (17)
When Served: Active - July 1, 2005 to September 30, 2005	Gender: 29 – Caucasian 41 – Female 2 – African American 36 – Hispanic 2 – Native American 4 – Bi-racial

Conversation Participants:

Diana Martin, Kathleen Shenk, Cynthia Montes, Katherine Metoyer, Linda Peterson, Leticia Martinez, Sue Slagell, Fiona Tuttle, Don Ferretti, Michael Romero, Nancy Baggett, Barbara Guenther – Facilitator, Dolleen Toms – Recorder.

Outcomes:

- Families served will have the knowledge, skills and resources to raise their children in healthy environments conducive to reaching appropriate developmental milestones.
- 2. To sustain the skills parents learn in the program, parents served will share their childhood development knowledge and developmentally appropriate parenting practices with other families of 0-5 children independent of HomeFirst staff.
- 3. A homevisiting program will exist to serve children 0-5 and their families in the Kings Beach area.

Performance Measures:

- Demographics (number of 0-5 served by gender, age, ethnicity and when services were provided).
- CAPC HomeFirst will utilize the Early Childhood Outcomes Screening Form with each child served.
- Photos and Stories relating to the outcomes.
- Survey of parents who have participated in leadership training to capture how parents have sustained their skills beyond involvement in the program and have shared this knowledge with other parents.
- Report on progress made in expanding homevisiting to the Kings Beach area.

What is this data telling us about achievement of outcomes?

□ There are guite a few 5 year olds (17) in the program. A low number of 3 year olds (3). □ Half are 2 years old and under. ☐ The number of 4 and 5 year olds are approximately equal to the number of 1 and 2 vear olds. □ There are more Hispanics than any other ethnicity. 48 families is a lot of families to serve in 3 months. Home visitors do an assessment to see how children are developing. If a child has a speech delay, referrals are made to Alta California Regional Center for speech therapy services. With the 4 and 5 year olds, there is a need to develop fine motor skills to help get them ready for school. Parents are aware of their child's speech delay per the guestion on the "Ages and Stages" survey. Most of the infants served are newborn to seven months old. 2 year olds are at the potty training stage. Parents want information on how to potty train their children.

Parent Caregiver Information:

Newcastle, Sheridan, and Lincoln.

➤ 42% of parents served have less than a high school education, which could add more stress on the family. Most families are living in an apartment setting.

□ Families are served in Foresthill, Colfax, Auburn, Roseville, Alta, Rocklin, Loomis,

- ➤ 61% of the parents are married and the moms are "stay at home" moms.
- Referral to home visits can come from a variety of sources.
- ➤ 14 of the 48 referrals came from CSOC, making it the number 1 source of referral over this 3 month period.
- ➤ 11 of the 48 came from FRC and 9 of the 48 referrals came from Friends and Family.
- Spanish speaking families will stay with the program longer.
- Caseload capacity is weighted (1 x week is 1 point, every other week is .5 and 1 x a month is .25). The majority of the caseload is between 10 and 20 cases.
- ➤ Parenting skills and knowledge is often just what is learned and passed down. Some parents served have a lack of positive parenting skills knowledge. Home visitors do a lot of role modeling for the parents.
- ➤ Based on the education level of parents being served, it's important for parents to have access to the home visiting program to gain knowledge, skills, and resources so that their child can reach the appropriate developmental milestones.
- Parents don't know about child development. They have knowledge, but it's inappropriate. They will either do what their parents did or will never ever do what their parents did. It is important to educate the parents to replace inappropriate parenting skills.

- ➤ HomeFirst has ordered developmental wheels to give parents a quick accurate reference to know where their child's development should be.
- First 5 has a website that has a lot of parenting information.

Placer Outcomes Screens:

First screen is rated 1 week before we go into the home. Second screen is 6 months into the program.

1st screen is upon entry into the program. 2nd screen is until Sept. or they leave the program.

Referrals from CSOC are often families with drug and alcohol abuse.

Indicator 1: Cared for, protected, and receiving the necessities of life.

On the first screen there was 1 child that was in immediate crisis.

On the second screen, 90% of the kids are cared for and receiving the necessities of life.

Indicator 9: Achieving appropriate level of physical development.

Majority of kids are developing on their own. Some have delays, either fine or gross motor skills.

Indicator 10: Achieving appropriate level of emotional development.

The ability to self-comfort is an example of an appropriate emotional development.

Domestic violence has an impact on the emotional development of the child.

Indicator 13: Participating in a learning environment with appropriate interactive enrichment activities.

At entry parents aren't thinking about a learning environment for their children. If they are, they don't know how to achieve it. Home visitors are helping them achieve it on their own.

Indicator 17: Participating in a formal or informal family support network for the family.

At entry parents aren't thinking about taking care of themselves. They are just trying to figure it all out. A lot of parents are isolated and don't have any help. Home visitors are there supporting the families.

Indicator 19: Engaged in positive parenting and development practices.

43% on the 1st screen are trying to engage in positive parenting and have not quite gotten there, but are working on it.

11 declined in the initial screen.

Indicator 20: Satisfied with their knowledge of and ability in the child's development.

Parents still feel like they need help. They want to make sure they are doing the right thing.

1st screen shows the majority of clients were not satisfied. 13 are doing it on their own.

Parent Survey:

Out of 48 families 24 responded to the survey.

- 100% learned about child development,
- © 100% learned to develop and enhance parenting skills

- © 100% learned about resources in the community,
- © 88% have shared their knowledge and skills with family, friends and/or neighbors.
- © 33% (8) were interested in learning more about becoming a parent leader at the FRC. About 4 parents have gone through the Parent Leadership training. Those parents have been working with other parents to share the skills and knowledge they learned through home visits.

Little people's playgroup is parent led.

© Primary transportation: 17 have a car, 5 take a bus, 4 walk.

Report on expanding home visiting to the Kings Beach area.

- Kings Beach continues to search for a home visiting model to use.
- Kings Beach to shadow with CAPC HomeFirst staff.
- Kings Beach staff person registered for West Ed training.
- CAPC continues to maintain open communication.

In what ways will we apply what we have learned from our data?

- Guide parents through the First 5 website.
- □ Indicator 20: We have learned that we need to be in the home to give families more learning and education.
- Indicator 10: Seeing the difference in physical and emotional development, it is important to stay in the home and continue to do the assessments and keep working with the parents.

Other points that were made during the conversation:

- Talking to parents about reading to their child.
- Securing free books to offer to the families.
- Tracking all referrals. The tracking system is working well.
- Track what the primary language is of the family.
- Reasons families left the program (total of 9):
 - 1 achieved goals
 - 3 moved from area
 - 2 at client request
 - 2 lack of client contact
 - 1 entered alternate program
- Parent quotes indicate parents are grateful and happy that home visitors are there to help.
- It might be useful to know what preschools the children go to.

Next Steps:

- ✓ Finalize the survey and administer to the parents who have had leadership training.
- ✓ Revise survey that is administered to all HomeFirst families considering the following ideas:
 - Enhance existing survey and scale out the yes or no and use more opened ended questions.
 - Have the home visitors ask parents if they have shared information with other people. Consider creating an anecdote form for sustainability.
 - o Ask parents if there is something that they want more information about.
 - Use a scale on the parent survey instead of using yes and no. Or cluster the answers and make 2-4 questions that they can expand on.
 - Use stories that tie directly to the sharing and knowledge.
- ✓ Next learning conversation to be held February 15, 2005, 1 4:30 pm.